

Youth Activities

Walnut Wall Climb

Selected Wednesdays in September & October

(Weather Permitting)

5:00pm - 7:00pm

No Cost

For boys & girls ages 8 - 18

Participants will scale a 50 ft. section of the Walnut

Street Bridge at Coolidge Park.

Canoeing

Selected Thursdays in September and October

(Weather Permitting)

4:00pm - 6:00pm

No Cost. For boys and girls ages 8 - 18

Participants will canoe the placid and scenic North

Chickamauga Creek.

Youth Basketball Leagues Registration

Saturdays, December 4, 11, 18

For ages 6 - 13; Boys & Girls (Co-Ed)

Cost: \$20 per child

Coordinator: Tommy Winchester, 425-3580

Garage Band Practices

*Area bands welcome to practice at recreation
center. Call for availability.*

Recording your music is a possibility. No Fee.

Begins in September.

Recreation Center Staff:

Facility Manager - Sid Hearn

Recreation Specialist - Jim Long

Regular Hours of Operation:

Mondays - Fridays, 12:30pm - 9:00pm

Saturdays - 10:00am - 5:30pm



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**September - December
2004**

JOHN A. PATTEN RECREATION CENTER



John A. Patten Center at night.

**3202 Kelley's Ferry Road
Chattanooga, TN 37419
(423) 825-5955**

www.chattanooga.gov/cpr

John A. Patten Programs

Athletics/Fitness

“Get Fit this Fall” Fitness Program

Starting in September

Ongoing classes every Monday & Thursday

5:15pm - 6:00pm, Strength/Condition aerobics

6:15pm - 7:00pm, Pilates

Please bring your own mat (or towel).

\$30 per month (4-weeks)

Instructor: Jennifer Loch Phone: 505-7580

Tennessee Speed & Strength

Mondays– Fridays; 3:00pm – 8:00pm

Saturdays; 9:00 – 1:00pm

Cost: Based On Individual Program

Individual Weight Training Programs Designed To Increase Power, Speed, Flexibility, And Overall Physical Fitness.

Instructor: Steve Fauer Phone: 423-870-4060

Karate Lessons

Beginning in September

Wednesdays and Fridays, 5:00pm

*Instructor/ Coordinator: Doug Welsh,
657-4880 (W) or 657-4884 (H)*

“Ultimate” Winter League

Thursday nights at 6:00pm

New players are welcome!

Coordinator: Mike Blanchard

No Cost

National Youth Sports Coaches Association Clinic (NYSCA) for Football and Basketball

Thursday, October 7, 2004

6:00pm

Instructor: Jim Long

Cost: \$20

Special Events

Hunter Safety Course

Saturday, October 16; 9:00am

*The Course Certification is required by Tennessee Wildlife Resources Agency. Coordinator & Instructor: David Byrd
No Cost. Pre-registration required. Contact: 825-0438*

Chattanooga Open Weight-Lifting Competition

Saturday, November 6

10:00am - 3:00pm; Registration at 9:00am

Olympic Style Lifts

Sponsor: Tennessee Speed & Strength

Cost: \$20

Male/Female; All ages

Director: Steve Fauer - 870-4060

Lookout Valley Community Christmas Parade & Activities Day

Date: TBA

Parade Route: South on Brown's Ferry Road to Patten Center.

Food, music, door prizes, and gym activities.

Promoters: Lookout Valley Neighborhood Association and staff from the John A. Patten Recreation Center.

Presidential Election

Tuesday, November 2

Polls open at 8:00am; Close at 8:00pm

Must be registered to vote

Must be registered at least 30 days prior to election.

For registration questions: 209-7720

The JAP Recreation Center is a poll location.

Adult Karaoke Night

2nd Tuesday of each month

Beginning in September - December

6:00pm

No Cost; Coordinator: Jim Long

Organization Meetings

Lookout Valley

Neighborhood Association

*Monthly Meeting / 1st Thursday Of Each Month
7:00 P.M.*

*Concerned Valley Citizens Meet On Association Projects
And Area Issues*

Chattanooga Wood-Worker's Association

Monthly Meeting / 3rd Tuesday Of Each Month

6:00 PM

*Woodworkers Meet To Plan Individual Projects And Club
Projects. Women Are Welcome To Join!*

Peter Holt: Coordinator

364-6759

United States Service Command

*Monthly Meeting / 1st Saturday Of Each Month
A Volunteer Service Organization For Disaster /
Emergency Situations.*

Commander: Sam Roden

Phone: 423-874-8556

Senior Activities

Busy Bee Quilters Club

Mondays, Wednesdays, & Fridays

10:00am – 3:00pm

Quilters Meet To Sew On Selected Quilting Projects.

New Sewers Are Welcome.

Seniors' Field Trips

2nd Wednesday Of Each Of Month (Weather Permitting)

9:00AM Until Return To Center

Excursions To Regional And In-Town Sites

Transportation Is Provided By CPRAC Staff